



# FALCON'S VIEW

183d Wing, 3101 J. David Jones Parkway, Springfield, IL, 62707

Illinois Air National Guard

April 2019, Vol. XVIII, No.04



## Gov. Pritzker Names Col. Richard Neely to Lead Illinois National Guard

*Office of the Governor*

Springfield, Ill. - Governor JB Pritzker has named Illinois Air National Guard Col. Richard R. Neely of Springfield, Ill., as the 40th Adjutant General of the Illinois National Guard replacing Army National Guard Maj. Gen. Richard J. Hayes, who is retiring from the military after more than 33 years of service.

“Colonel Neely has extensive leadership experience in both domestic operations and overseas making him exceptionally well-qualified to lead our 13,000 Illinois National Guard men and women,” said Governor JB Pritzker. “I also want to thank Maj. Gen. Hayes for his more than three decades of military service and for his many accomplishments leading the Illinois National Guard since 2015. He is the epitome of a professional military officer.”

Col. Neely becomes the second Air Force officer to lead the Illinois National Guard. The first was Maj. Gen. Harold G. Holesinger, who retired in 1991. Col. Neely has been eligible for promotion to brigadier general since March 2018 and will be promoted soon after assuming the duties of The Adjutant General on Feb. 15.

“I am extremely proud of this team and of the many accomplishments of our Illinois National Guard. The Soldiers and Airmen have often heard me say ‘If you are not first, your destined to be last and in our business thinking about being the best and winning each and every time is pivotal. This great team took that competitive spirit to heart and today’s Illinois National Guard is the best in the

nation,” said Maj. Gen. Richard J. Hayes. “I have full trust and confidence that the Illinois National Guard will exceed every goal and meet every challenge put before it. Rich Neely is an experienced and forward-thinking leader and working with the amazing team I leave with him, will do an excellent job leading the National Guard in the years ahead.”

“It is truly humbling to be appointed the 40th Adjutant General of the State of Illinois and to be selected from a field of many excellent high-qualified officers,” said Col. Richard R. Neely. “I have been

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## Important Information

### Social Media

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183d Wing  
Public Website

# Attention!

The deadline for  
the May 2019  
issue of the  
Falcon's View is  
6 April.



**6APR (Saturday)**

Grilled chicken breast with herb sauce  
Baked lasagna  
Roasted redskin potatoes  
Tossed salad                      Romaine salad  
Green beans                      Glazed carrots  
Iced cake (chocolate and white)  
Iced tea                              Punch

**7APR (Sunday)**

Roast top round of beef in brown gravy  
Baked ham loaf                      Tossed salad  
Whole kernel corn (sweet)  
Peas w/mushrooms  
Loaded mashed potatoes  
Hot apple pudding cake  
Carmel sauce  
Iced tea  
Punch

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## Illinois National Guard News

### *from front page*

blessed to have many great mentors throughout my career and to be given challenging assignments that have helped prepare me to lead the Illinois National Guard. I thank Governor Pritzker for his confidence in me, and I also know that the Illinois National Guard will continue to excel as a team.”

In Col. Neely’s most recent national assignment, he was the Air National Guard Principal Deputy Director for Operations/Deputy Director for Cyber and Space Operations at Joint Base Andrews, Maryland. As the Principal Deputy Director, he was the staff officer responsible for the day-to-day management of the Air National Guard’s Air, Intelligence, Nuclear, Cyber and Space Operations portfolio, affecting 105,500 Airmen. He oversaw a staff of 460 personnel with a \$4.1 billion portfolio. As the Deputy Director for Cyber & Space Operations, he was responsible for the support, resourcing, and management of an expansive Cyber, Communications and Space portfolio, which included 154 Cyber, Communications and Space units and a budget exceeding \$2.5 billion. In this capacity, he served as the Air National Guard’s Chief Information Officer responsible for the engineering, integration, sustainment and cyber security of systems supporting the Air National Guard.

Colonel Neely also served in a Joint assignment as the National Guard Bureau’s Chief of Current Operations in Washington D.C. In this capacity, he was the National Guard’s focal point to respond to all major domestic events and disasters coordinating with the Federal Emergency Management Agency, the U.S. Department of Homeland Security, U.S. Northern Command, and the 54 states and territories.

From 2012 to 2014, Neely was the Illinois National Guard’s Joint Chief of Staff. As the “Joint Chief,” he was responsible for domestic operations including homeland defense and defense support to civil authorities. He also worked with the Army National Guard, Air National Guard, 37 state agencies, 22 federal agencies and organizations, and 23 international governmental and military commands to ensure the Illinois National Guard was prepared to respond to domestic emergencies. In addition, he also oversaw the service member and family support

section and helped lead the Illinois National Guard’s State Partnership Program with the Polish military.

Prior to assuming duties as the Illinois National Guard Chief of the Joint Staff, Neely served as the U.S. Department of Defense’s senior interagency planner for the 2012 NATO Summit National Special Security Event in Chicago. He has held numerous command and staff assignments covering operations, cyber, logistics and finance. He is a Master Cyberspace Officer and fully Joint qualified. His career also included two deployments in support of Operation Enduring Freedom and Operation Iraqi Freedom.

Col. Neely spent six years in the enlisted ranks, first as a Soldier and then as an Airman, before being commissioned as an officer in August 1990. He has more than 33 years of military service.

Col. Neely and his wife Tammy reside in Springfield Illinois where they raised their family Denton, Ashley, Jessica, Jennifer and Janay. He assumed the duties of the Adjutant General on Feb. 15 with an official Change of Command ceremony to be held April 6 at Chatham’s Glenwood High School.



Tech. Sgt. Christina Morrison (center), 183d Wing Production Recruiter, was recently awarded National Guard Bureau’s Silver Award for Fiscal Year 2018 (FY18). The Silver Award is given to those recruiters that have 45-59 enlistments for that year. Morrison had 47.

Morrison also received the State Production Recruiter Top Accessions Award for the State of Illinois for FY18

# 183d Wing Members Seek Green Belt Certification

by Master Sgt. Patrick S. Kerr  
183d Wing Public Affairs

Fourteen members of the 183d Wing completed the first week of training in route to a Six Sigma Green Belt certification. As part of a four-week Black Belt option, the Green Belt program may be taken alone, or as the first step to earning a Black Belt. This group of 14 members is the first in the Illinois Air National Guard to enroll in the Green Belt program.

Six Sigma Green Belt focuses on simple process improvement. Green Belt certification is ideal for those that will be tasked with improving existing processes. These could be processes that are not standardized, don't have established metrics or looking to reduce errors or cycle time of those processes. The program is designed to encourage group participation to identify problems, collect and analyze data, develop and implement solutions, in order to improve an existing process.

Prior to the classroom portion of the training, 183d Wing leadership identified several processes that need improvement. Once the members have completed their training, they will work in pairs over the

next few months, using their skills to improve the specified processes and enhance the missions of the unit.

Assisting in the instruction of the training, was Col. Donald K. Carpenter, Six Sigma Master Black Belt, and 183d Wing Vice Commander. Col. Carpenter is one of only six Master Black Belts in the Air Force. Of those six, four are civilian and two are military.

This group will complete their second week of Green Belt training in the coming weeks.



Back row: Capt. Suzanne Jedrosko, Master Sgt. Bobbie Lee, Master Sgt. Ryan Scott, Jill Megimose – Instructor, Master Sgt. Jason Arndt, Master Sgt. Brandon Daniels, Col. Donald K. Carpenter – Instructor/Master Black Belt.

Front row: Senior Airman Cody Kunkler, 1st Lt. Dan Wallace, Lt. Col. Joe Crispin, Tech. Sgt. Matt Shelton, Senior Master Sgt. Chris Bandy, Lt. Col. James Buckman, Tech. Sgt. Nick Ressler, Tech. Sgt. Hayden Eilerman (not pictured: Chief Master Sgt. Jennifer Aurora)

# 183d Maintenance Squadron Extends Capabilities

*Master Sgt. Patrick Kerr  
183d Wing Public Affairs*

The 183d Maintenance Squadron (183 MXS) Centralized Repair Facility (CRF) continues to expand its capabilities. In addition to providing maintenance and testing of the F110-GE-100, F110-GE-129, and the TF34-GE-100A, the CRF now maintains the F118-GE-101A turbofan engine.



Four MXS members provided maintenance and testing of the CRF's first F118 engine. Team members pictured here (left to right): Staff Sgt. Jack Neuman, Tech. Sgt. Phillip Hampton, Staff Sgt. Joel McClughen, Tech. Sgt. Blake Withers. (Air National Guard photo by Master Sgt. Patrick S. Kerr)



The F118-GE-101A non-afterburning engine is responsible for powering the U-2 Dragon Lady ultra-high altitude reconnaissance aircraft. (Air National Guard photo by Master Sgt. Patrick S. Kerr)

The F118-GE-101A is a non-afterburning engine, responsible for powering the U-2 Dragon Lady ultra-high altitude reconnaissance aircraft.



U.S. Air Force photo by Staff Sgt. Brian Ferguson

# Innovation

*by Tech. Sgt. Nicholas Ressler  
183d Wing*

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The National Guard Bureau has allocated \$100,000 to each of the Wings specifically for Squadron Innovation Funds. The purpose is to help our Airmen overcome operational, administrative, and technical challenges within the organization. The intent is to make investments into ideas, processes or methods that increase the units readiness, lethality, and flexibility. Airmen down to the lowest levels are in the best position to identify and solve some of these challenges. We should all be thinking of ways to innovate our wing and the way we do business. Everyone is encouraged to attend meetings when they are held and come see what this program is all about.

This year, the 183d kicked off its first Sparktank. It is amazing to see the ideas that our members put together and the presentations supporting their ideas vying for some, or all of the allotted funding. Eight projects were presented to a panel made up of Col. John Patterson, Commander, 183d Wing, Col. Donald Carpenter, Vice Commander, 183d Wing, and Col. Lee Wheeler, Deputy Commander, 183d Air Operations Group, on Sunday of March drill. These ideas ranged from storage issues reducing time to setup for training to better fitness facilities more in line with newer and changing fitness requirements to virtual reality training suites that may be used in all shops. Most ideas were able to impact a majority if not all 183d Airmen. The presentations were held in an open forum for all to attend. There was a great showing of support with members from all over the wing stopping by to hear fellow members present each of their ideas. Each presentation was no more than five minutes long with a 10 minute question and answer session. Col. Patterson will be announcing the winner or winners of this year's competition very soon. We challenge you to come up with ideas to enhance our Wing for next year's Sparktank. If you have any questions feel free to reach out directly to TSgt Nicholas Ressler at (217) 757-1450 or [nicholas.p.ressler.mil@mail.mil](mailto:nicholas.p.ressler.mil@mail.mil).



## **Health and Wellness**

### **Cardiovascular Disease**

*by Airman 1st Class Serena Nicholas  
183d Medical Group*

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Cardiovascular diseases are the leading cause of death not only within the United States, but also within the entire population in the world. 1 in 3 deaths in the United States will be a direct cause from a cardiac episode. About 800,000 people in the United States will experience a heart attack. Over 90 million adults in the United States are currently living with a cardiovascular disease.

The three most common cardiovascular diseases are coronary artery disease, congestive heart failure, and acute myocardial infarction. According to Brindles Macon and Kristeen Cherney, authors of the article “Congestive Heart Failure (CHF)” written on August 8, 2018, “Congestive heart failure develops when your ventricles can’t pump enough blood volume to the body. Eventually, blood and other fluids can back up inside your lungs, abdomen, liver, and lower body.” This condition can result in high blood pressure, valve conditions in which the valves within the heart do not open and close properly, and coronary artery disease. Coronary artery disease is a disease involving the buildup of a waxy substance, called plaque, within the arteries in the human body. This build up occurs over many years and is caused by excessive dietary saturated fats and cholesterol causing the plaque to form. When this build up happens excessively over time, many effects can occur, such as chest pain/discomfort, blood clots, and heart attacks. Acute myocardial infarction is simply known as a “heart attack”. When arteries to the heart are narrowed or blocked, blood is not adequately supplied to or through the heart. When blood is inadequately supplied to the heart, the heart cannot perform its natural and essential functions causing a person to feel intense chest pain, lightheadedness/fainting, nausea, radiating pain through the shoulders and neck, rapid heartbeat, shortness of breath and overall extreme weakness.

Risk factors that are out of our control are considered non-modifiable. These include factors such as family history with cardiovascular diseases and type I diabetes. Risk factors that we are able to control are considered modifiable factors. These factors include physical inactivity, poor diet, tobacco, blood lipids (fats), and obesity. Diet is the largest

contributing factor when it comes to modifiable risk factors pertaining to cardiovascular diseases. This is due to the excessive intake of saturated and trans fats as well as dietary cholesterol, which lead to the buildup of plaque in the blood vessels. Smoking tobacco is known to have many damaging effects throughout the entire human body. Evidence throughout history shows us that smoking is a direct link to the cause of certain cancers and cardiovascular diseases. According to World Heart Federation’s article “Risk Factors” written May 30, 2017, “It is estimated that smoking increases the risk of stroke, coronary heart disease and impotence by 100%. Smoking increases the risk of death from undiagnosed coronary heart disease by 300%.” Physical activity promotes the overall efficient function of the cardiovascular system, involving blood flow, blood pressure, blood lipid levels, and the general health of blood vessels within the body. According to the previous citation, “Studies show that doing more than 150 minutes (2 hours and 30 minutes) of moderate physical activity every week or an hour of vigorous physical activity every day will reduce your risk of coronary heart disease by about 30%.”

The three most common cardiovascular diseases are coronary artery disease, congestive heart failure, and acute myocardial infarction. Non-modifiable risks include family history and type I diabetes. Modifiable risks include physical inactivity, poor diet, tobacco, blood lipids (fats), and obesity. It is ideal to avoid experiences a cardiac episode or developing a cardiac condition by maintaining a heart healthy diet, regular exercise routine, and avoid tobacco.



## Vacancies

To inquire about the following vacancies, contact Master Sgt. Matt Allen at 217-757-1292 / DSN 892-8292.

### ENLISTED

3D071	Knowledge Ops Mgt	3E551	Engineering
6F051	Fin Mgmt/Comp	3N075	Photojournalist
3F151	Services	2T271	Air Trans
2A771	Acft Mtl Technology	4N071	Aersp Med Svc
1C371	Command & Control Op	1C371	Command & Control Op
2T377	Fleet Mgmt & Anly	3P051	Security Forces
3D152	Cyber Transport Sys	3P051b	Security Forces

### OFFICER

10C0	Operations Commander	13S3A	Space & Missile
11B3Y	Bomber Pilot	14N3	Intelligence
11F3B	Fighter Pilot	15W3	Weather
11F3Y	Fighter Pilot	16G3	Air Ops Staff
11G3	Generalist Pilot	16R4	Planning/Programming
11M3T	Mobility Pilot	17D3Y	Network Operations
11R3A	Recon Surveil EW PL	17D4Y	Network Operations
12B3Y	Bomber CSO	31P3	Security Forces
12F3Y	Fighter CSO	38P3	Personnel
12M3S	Mobility CSO	43H3	Public Health
12R3C	Recon Surv EW CSO	44Y3	Critical Care Med
12R3Y	Recon Surv EW CSO	46F3	Flight Nurse
13B3B	Air Battle Manager	48R3	Res Trnd Flt Surg

